

8 BE-ATTITUDES NEEDED TO HARNESS YOUR POWER WITHIN

We spend 20% of our life responding to life's situations; whereas 80% is lived reacting to it. This leads to a life of regret, unfulfillment. One's attitude is key, but words are not as valued, as actions. Live your truth!

1. Recognizing that you are not capable of doing life alone. There is something bigger than one self. This conceptualization is fundamental to resiliency;
2. Being grateful for the sacrifices made by those before us, so that we could enjoy the liberties that we do today;
3. Letting go, to gain control of what is possible, instead of holding on to tightly to the reign for fear of loss. Letting loose control to gain peace;
4. Seek righteousness first and all else will be added onto you;
5. Maintain a spirit of mercy not a mind of judgement;
6. Pursue actualization to better yourself and be more self-less;
7. Seek to maintain peace amidst chaos and conflict;
8. Be bold in rightness even when it leads to persecution;