

Millionaire-Made Businesswoman

Have you ever dreamt of striking it rich, winning the lottery, or coming up with the next million dollar idea?

Of course you have. We all have at one time or another.

[Dr. Jessica Vera](#), author of [Rise Up](#), shares a bit of her story that defies all logic and, to some, may seem counterintuitive.

When she was in her early twenties, her only thoughts were about survival, not riches.

Raised by a hard-working single mother of five, Jessica had in her mother an exceptional mentor, who showed her what it is to be a feminine entrepreneur. Her mother worked hard, but loved what she did, and it came through in how she led herself daily for countless hours helping women look their best.

But, as life has it sometimes, without much warning, Jessica's mother fell ill. With her mother unable to work, Jessica knew she had to pick up the yoke and do something. Otherwise, they would lose their rental. There was no other income coming into the household.

Her mind raced through a thousand thoughts; and then, as if it had always been there, an idea was implanted in her cortex, and three multi-million dollar companies were birthed. Not miraculously of course...but keep this in mind:

“A man's mind plans his way, but the Lord directs his steps and establishes them.”
(Proverbs 16:9)

Jessica had no formal business training. But she had just learned that living paycheck to paycheck was not going to cut it; and under the circumstances, there was no room for failure. There also was no business plan, funds, structure, or support of any kind. It was just Jessica, her mother, and a computer...in a basement apartment. That, and unrelenting inspired determination.

Through this experience, several valuable entrepreneurial life lessons were learned. Here are three essentials:

1. Success in anything is only achieved when action is taken in spite of fear and resistance. Dig deep, exercise courage, and put one foot in front of the other.
2. Do not focus on worry or be anxious about the outcome. Focus and remain in the moment. Complete incremental steps that lead to the next required action. “Momentum is powerful.”
3. Have unwavering faith that, when your motives are aligned with your divine purpose (which is God's gift), the outcome is already ordained.

“Best laid plans are ineffective if change does not occur. Change is necessary for progress.”

Read more about [Dr. Jessica Vera](#), her story, and her newly published book, [Rise Up](#), at www.drjvera.com.