

## Life Purpose: The Passion Test Worksheet

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### Step 1:

List 10 things that will make your personal or work life ideal. If you were fully living these things accomplished, you would feel fulfilled and complete.

Complete the sentence, **“When my life is ideal I am** \_\_\_\_\_,

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_



**Step 2:**

After completing the Passion Test® prioritization process list your top 5 below and rate each one on a scale of 0 to 10, where 0 means this passion is not present in your life at all, and 10 means you are fully living this passion.

Passion	Score
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

**Step 3:**

For each of your top 5 write a story or a paragraph for each passion. Describe what your life would look like if you were fully living that passion. Give it as much detail as possible. Use extra paper if needed.

1. \_\_\_\_\_ means:
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_



2. \_\_\_\_\_ means:

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3. \_\_\_\_\_ means:

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GENOTYPE  
CHANGE  
THERAPY™

4. \_\_\_\_\_ means:

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5. \_\_\_\_\_ means:

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\* The Passion Test © 2006 Chris Attwood and Janet Attwood. Used with permission. For more insight or to become a certified facilitator of The Passion Test, visit [www.thepassiontest.com](http://www.thepassiontest.com)

**Be Clear Why You're Here**

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